

Profile

"Dedicated extension doctorate professional with expertise in management and research, complemented by excellent communication and problem-solving skills. As a confident, passionate, and hardworking researcher, I ensure punctuality, creativity, and excellence to every project."

Key Skills

- Proficient in Microsoft Office (Excel, Word, PowerPoint).
- Quick adaptability to new systems and technologies.
- Excellent communication skill earned through group discussions, debates, seminars, power-point presentations and social interaction.
- Languages:
 - English: Proficient (Written and Verbal)
 - Hindi: Proficient (Written and Verbal)
 - Punjabi: Conversational
- Exhibited excellent time management and leadership skills through volunteering with the Bharat Scout & Guide, earning the prestigious Governor's Award from Uttar Pradesh.
- Ability to work independently as well as in a team.
- Gained valuable experience and insights into rural areas of various states by conducting social surveys as part of dissertation research.

Education

Ph.D. in Extension Education and Communication Management

Punjab Agricultural University, Ludhiana (Funded by ICAR)

- Overall Grade Point Average(OGPA)- 7.33/10 or 73.30%
- Thesis Title: Designing and development of decision support system for nutritional deficiency disease prevalent in Punjab.

Master of Science in Extension Education and Communication Management

Sam Higginbottom University of Agriculture, Technology and Sciences, Prayagraj, (Funded by ICAR)

- Cumulative Grade Point Average(CGPA)- 9.7/10 or 92.02%
- Thesis Title: Effect of stress on the job satisfaction of women working in public and private sector of Allahabad District of Uttar Pradesh.

Bachelor of Science in Home Science (Hons.)

Narendra Deva University of Agriculture and Technology, Ayodhya (Funded by ICAR)

- Overall Grade Point Average(OGPA)- 7.670/10 or 76.70%

Training/Workshop/Seminar/Conference

- Participated and presented paper on "Critical role of water in achieving sustainable development goals" at International conference on Global initiatives in agricultural and applied sciences for eco-friendly environment at Tribhuvan University, Kathmandu, Nepal.
- Participated and presented paper on "Digital solutions for nutritional deficiency" at 34th Biennial national conference on Innovation and incubation opportunities in Home Science for self-reliant India at St. Teresa's College, Kochi, Kerala.
- Participated and presented paper on 'Nutritional awareness and dietary practices among adolescent girls' at International conference on Anthropology of food and health at Department of Anthropology, University of Delhi

- Participated and presented paper on “Nutrition sensitive extension way of women’s empowerment” at national seminar on “Towards Gender Inclusivity: Emerging Contemporary Issues around gender” at Department of Sociology, Guru Nanak Khalsa College for Women, Ludhiana.
- Participated and Volunteered in National conference on Nutritional, functional and safety challenges of food and health issues in the current scenario at SHUATS, Prayagraj.
- Participated and presented paper on Globalisation and Gender Inequality at National seminar on Globalization and women: issues and concerns at Banaras Hindu University ,Varanasi, Uttar Pradesh.
- Completed 2 month Training in “Entrepreneurial Internship Programme” at Institute of Entrepreneurship Development, Lucknow, Uttar Pradesh.
- Participated in 1 month training programme in “Machine learning with Python” organized under the Capacity Building and Research Entrepreneurship Centre in Artificial Intelligence, Big Data and IoT at Punjab University, Chandigarh.
- Participated in 8 days International Professional Development Programme on “Effective and Quality Research writing organised by Department of Commerce, Patrician College of Arts and Science, Chennai, Tamilnadu.
- Participated in 2 days workshop on science and agricultural communication at Punjab Agricultural University, Ludhiana.
- Participated in webinar on NRI marriage: issues, challenges and the way forward at Punjab Agricultural University, Ludhiana.
- Participated and presented paper in webinar on ‘Emerging Trends in Online Teaching: Opportunities and Obstacles’ at MMD DAV College, Sri Muktsar Sahib, Punjab
- Completed one month training from Milk Co-operative Federation Ltd. Faizabad, Uttar Pradesh.

Publications

- Published Book chapter named “Digital Solutions to manage nutritional deficiency” in the book named Well-being of women: A holistic approach. International Books and Periodicals supply service, Delhi.
- Published Book chapter named Wild Edible Plants and their role in alleviating nutritional deficiency: an Indian context” in the book forest science- Advances towards sustainable development and climate resilience. Intech Open, United Kingdom
- Published research paper named “Designing and Development of Decision Support System for the management of Lifestyle Diseases” in Journal of Community Mobilization and Sustainable Development
- Published book chapter named “Nutritional deficiency diseases among Indian women and its knowledge” in the book named Women’s health across the life span (Ed. book). Mittal publication, New Delhi.
- Published book chapter named “Stevia (Stevia rebaudiana Bert.) A promising drug for the future” in the book named Medicinal and aromatic plants.
- Published research paper named “Analysis of women response towards enjoyment and occupational stress level in private and public sector at the time of work in Allahabad district” in International journal of home science.
- Published research paper named “Emerging Impressions of Ethno-Medicinal Plants an Nutraceuticals” in Indian Journal of Natural Sciences.

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Dr. Aakanksha Pandey